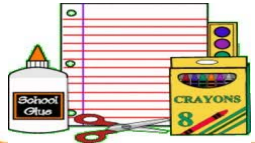


SEPTEMBER 2019

Lake Country School

Monday

Labor Day
No School

2

Tuesday

First Day of School

A Chicken Tenders w/ Sauce
B Bosco Stick w/ Marinara
Fresh Vegetable w/ Dip
Spinach Strawberry Salad
Apple Slices
Rice Krispy Treat
½ Pt. Milk

3
Wednesday

A Fruit and Yogurt Parfait
B Breakfast Sausage on a Stick
Cheese Slice
Pancakes
Orange Juice
Baby Carrots
½ pt. Milk

4
Thursday

A Potato Soup w/ Ham and Cheese Panni
B Chicken Patty on a Bun
Romaine Salad
Watermelon
Fresh Vegetable
½ pt. Milk

5
Friday

A Pizza Hut Cheese Pizza
B Pig in a Blanket
Baby Carrots
Tomato Basil Mozzarella Salad
Diced Peaches
Cookie
½ pt. Milk

6

A Soft Shell Taco
B Mexican 7 Layer Dipper w/ Tortilla Chips
Black Bean and Corn Salad
Baby Carrots
Strawberry Applesauce
½ pt. Milk

9

A Pasta w/ Sauce and Cheese
B Chicken Patty on Pretzel Bun
Roasted Zucchini w/ Herbs
Fresh Vegetable w/ Dip
Pineapple Cup
Fruit Snack
½ pt. Milk

10

A Egg Ham Cheese on a Bagel
B Sausage Egg and Cheese Breakfast Tornadoes
Shredded Potato Patty
Baby Carrots
Apple Juice
½ pt. Milk

11

A Chicken Noodle Soup w/ Salad Bar
B Mini Corn Dogs
Romaine Salad
Banana
Fresh Vegetable
½ pt. Milk

12

A Pizza Hut Pepperoni Pizza
B LCS Wildcat Burger
Baby Carrots
Blueberry Spinach Salad
Fresh Fruit
Cookie
½ pt. Milk

13

A Shredded Pork Sandwich w/ a Side of Cole Slaw
B Fiesta Lime Chicken on a Bed of Greens w/ Breadstick
Baby Carrots
Apple Slices
½ pt. Milk

16

A Hot Dog on Bun
B Pizza Dippers w/ Marinara
Fresh Vegetable w/ Red Pepper Hummus
Slushie Frozen Fruit
Baked Beans
½ pt. Milk

17

A Very Berry Smoothie and Muffin
B Chicken Nuggets
Mozzarella Cheese Stick
Mandarin Oranges
Baby Carrots
Mixed Green Salad
½ pt. Milk

18

A Tomato Soup w/ Grilled Cheese Dippers
B Spaghetti w/ Sauce and Cheese
Romaine Salad
Watermelon
Fresh Vegetable
½ pt. Milk

19

A Pizza Hut Cheese Pizza
B Meatball Sub Sandwich
Bag of Sun Chips
Baby Carrots
Italian Style Salad
Mixed Berry Cup
½ pt. Milk

20

A Walking Taco w/ Doritos
B Lasagna Casserole
Mexican Street Corn Salad
Diced Pears
Baby Carrots
½ pt. Milk

23

A Bake Potato Topped w/ Ham and Cheese
B Turkey and Gravy w/ Garlic Mashed Potatoes
Warm Pretzel
Fresh Vegetable
Strawberry Cup
½ pt. Milk

24

A Scrambled Eggs w/ Bagel and Cream Cheese
B Corn Dog on a Stick
Orange Juice
Baby Carrots
Vegetarian Beans
½ pt. Milk

25

A Broccoli and Cheese Soup w/ Salad Bar
B Turkey Sub Sandwich w/ Chips
Romaine Lettuce
Banana
Fresh Vegetable
½ pt. Milk

26

A Pizza Hut Sausage Pizza
B Chicken Caesar Salad w/ Garlic Toast
Applesauce
Salad w/ Fresh Vegetables
Baby Carrots
Cookie
½ pt. Milk

27

A Macaroni and Cheese
B Hamburger on a Bun
Strawberry Spinach Salad
Baby Carrots
Watermelon
½ pt. Milk

30
